

WEEKLY PRACTICING & LISTENING

Practice Charts are DUE EVERY TUESDAY.

Name: _____ Period: _____ Grade: _____

PRACTICE CHART

Each student is required to practice 150 minutes per week (including after-school rehearsals and private lessons). The grading system for practice charts will be:

Number of Minutes	Grade Received
150 or more	100
135-149 minutes	90
120-134 minutes	80
105-119 minutes	70

TUES	WED	THU	FRI	SAT	SUN	MON	Total Minutes	Parent Signature

LISTENING CHART

Listening practice may involve either listening to classical CDs, the public radio station (FM 90.1), XM/Sirius radio, or watching a musical telecast on GPTV or YouTube video. If you listen to a CD, you must write the name of the piece on the indicated line below. YOU MUST LISTEN WITH YOUR PARENTS.

Number of Minutes	Grade Received
50 or more	100
35-49 minutes	90
20-34 minutes	80
5-19 minutes	70

TUES	WED	THU	FRI	SAT	SUN	MON	Total Minutes	Parent Signature

Write the name of the piece of music or where you listened. _____

GOALS

Choose at least three of the following practice goals this week and rate yourself (being very honest) on how much you improved over the period of one week.

GOAL	IMPROVEMENT		
	None	Some	Much
Take a deeper breath before beginning each phrase			
Play with a clear sound			
Increase endurance (ability to last without a breath, holding a clear sound)			
Place the mouthpiece correctly			
Tongue notes clearly			
Count rhythms aloud each day			
Play more softly when dynamic markings are <i>mf</i> , <i>p</i> , or <i>pp</i>			
Play the <i>Bb</i> , <i>Eb</i> , <i>Ab</i> and F Major Scales with arpeggios and Chromatic Scale in an even tempo (for 7 th and 8 th graders)			
Playing the first part of the <i>All-State/District Etude</i> at an even/steady tempo. (You will need a metronome.)			